



KENILWORTH SCHOOL
AND SIXTH FORM

Gold DofE

We are delighted to be able to offer the Duke of Edinburgh's Award at Kenilworth School. This exciting scheme gives young people the opportunity to participate in a range of activities enriching their personal and team skills. All participants undertake 5 sections: a skill, a physical activity, a voluntary service, expedition and residential. To complete the Award all sections must be completed.

Further information:

<https://www.dofe.info/en/content/cms/doing-your-dofe/activities-sections/>

Timescale:

At Kenilworth, students will have to start their skill, service and physical recreation sections straight away.

Only if they have completed 2 of these sections by the start of year 13 will they be able to take part in the expedition section.

For the expeditions students will be put into groups of 5 to 7 and a member of staff will be assigned to each group to guide them through. The 2 expeditions (one practice and one assessed) will be supervised by qualified staff. The location of the expedition depends on which activity students choose to undertake. We are able to offer canoeing, cycling or walking expeditions.

Some students find the expedition **very strenuous** and are advised to start working on their fitness now.

Cost and equipment:

Enrolment for the award cost £46 at Kenilworth School. The cost of the expedition will depend on what expedition they choose to do. Typical cost is between £100-£200 for a practise expedition and £200-£300 for an actual expedition. Our previous expeditions have included all the major rivers in Scotland and some spectacular walking in Snowdonia and Scotland. We can provide all the specialist equipment for expeditions.

What to do next:

If you wish to take this opportunity, please complete the enrolment form. Payments need to be made via parent pay. Completed enrolment forms must be passed to Mrs. Spooner by 2nd October. Students will then receive an email with their log in and they can start their D of E.

Yours faithfully,

Mrs P. Spooner

DofE Manager

Timescales

Volunteering	Physical	Skills	Expedition	Residential
12 months	One section for 12 months and the other for 6 months.		Plan, train for and undertake a 4 day, 3 night expedition.	Undertake a shared activity in a residential setting away from home for 5 days and 4 nights.
<p>If you didn't do Silver, you must undertake a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.</p> <p>You should aim to spend at least an hour a week on each activity.</p>				